Let's Walk and Talk together

Come along to friendly Walk and Talks - run for free by the community for the community. No bookings or reservations - just join us any week.

Everybody is welcome, whatever ability or age.
Meet neighbours, chat to friends old and new.

Have a smile and a laugh.

FREE and fun walks

Location:

10.30am every Saturday

Meeting point:

Get involved!

Inspired by The Walk and Talk Movement

www.wewalkandtalk.org

The Walk and Talk Movement

Scan the QR code: